

Objectives

- · Provide a brief overview of molecular PCR technology
- · Learn about rapid applications available today
- Provide insight as to how rapid applications have impacted patient care based on current literature
- Provide an understanding of the impact on hospital costs related to rapid results.
- Discuss ways in which antibiotic stewardship can be influenced by rapid test results.

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MDx is Fastest Growing Segment of IVD Market

Significant growth is expected in oncology and portions of infectious disease in the critical care segment due to high value tests *



Molecular Diagnostics

- Designated nucleic acid target (what are you looking for?)
- Sample type (where will you find the <u>target</u>?)
- Extract nucleic acid (how will you isolate the <u>target</u> nucleic acid?)
- Detection and results (how do you know if the <u>target</u> is there?)

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When It Comes To Multiplexing: Not All NAATs Are Created Equal

Amplification Technology	Used By	Isothermal?	Level of Multiplexing (commercial product)	Quantitative CE IVD?
PCR	Cepheid, Roche, BD & most of Dx and research world	No	20-80 targets	Dozens
HDA	BioHelix	Yes	One target	0
SDA	BD	Yes	2-3 targets	0
NASBA	BioMerieux	Yes	One target (HIV viral load)	1
TMA	Gen-Probe	Yes	Three targets (HPV is an exception)	0
Loop Mediated Isothermal Amplification	Eiken, Illumigene, Quidel, Alere	Yes	One target	0







How to Detect Amplified Target?

- Real-time PCR
- Continuous amplification and detection in one tube
- $\boldsymbol{\cdot}$ Use a target specific probe labelled with a fluorescent dye
- Instrument collects fluorescent data and provides result





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Molecular Testing Process 3 major steps to the Separate rooms process necessary - Isolation, DNA Extraction - Isolating amplification and the DNA from cells detection DNA Amplification -• Time Manufacturing multiple copies of the DNA of interest Contamination Real-time PCR Non-Automated DNA Detection - A End point analysis (Gels) mechanism of detecting the DNA of interest

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Cartridge Body With Mülgle Reserver With Mülgle Reserver Reserver Reserver Reserver Reserver Sample Prep / Extraction - Amplification - Detection - DNA extraction → Bacterial menu - NA everse transcription → Virus menu - Nested PCR → Ultra-sensitivity

PCR

teaction Tube

Iltrasonic

- Multiplexing \rightarrow 'All-in-one' tests incl. Controls

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Biofire FilmArray BCID Panel

Gram – Bacteria

FilmArray Blood Culture Identification Panel

1 Test. 27 Targets. All in about an hour.



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Listeria monocytogenes

Staphylococcus Staphylococcus aureus

Streptococcus Streptococcus agalactiae Streptococcus pyogenes Streptococcus pneumoniae Enterobacteriaceae Enterobacter cloacae complex Escherichia coll Kilebsiella oxytoca Kilebsiella pneumoniae Proteus Serratia marcescens

Acinetobacter baumanni Haemophilus influenzae

Neisseria meningitidis Pseudomonas aeruginos



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The Need for Laboratory Speed



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- Rapid Antibiotic Therapy Saves Lives
 - Targeted antibiotic therapy increases survival by ~ 25-45%
 - For every hour appropriate antibiotic is delivered sooner, survival increases by ~ 7-10%¹

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1. Kumar et. al, 2006. Crit. Care Med. (34)





with Rapid Polymerase Chain Reaction Methicallin-Resistan Stophylococcus uncertaints. <i>Surveys Backeternia</i> in Patients with <i>S. aureus</i> Backeternia Ext A tax-taxes. But let the later and the later of the structure of the structure in the structure and the structure of the structure of the structure in the structure and the structure of the structure of the structure of the structure and the structure of the structure of the structure of the structure and the structure of the structure of the structure of the structure and the structure of the structure of the structure of the structure and the structure of the structure of the structure and the structure of th	State University College of
المحرين والمحالية والمحالية والمستعم المعالية والمستحرك المحالية والمستحر والمعالية والمستحر والمستحر والمتعالية	Medicine

- Mean length of stay was 6.2 days shorter (for both MRSA and MSSA bacteremic patients)
- Mean hospital costs were \$21,387 less (for both MRSA and MSSA bacteremic patients)

Implementation of Polymerase Chain Reaction to Rule Out *Clostridium difficile* Infection Is Associated With Reduced Empiric Antibiotic Duration of Therapy William J. Peppard. PharmD, BCPS, * and Nathan A. Ledeboer, PhD. D (ABMM)†,‡

• Moving from batch test to a rapid test resulted in:

Table 2. Primary and secondary clinical and economic outcomes

Clinical and economic outcomes	EIA $(n = 79)$	PCR (n = 87)	Р
Duration of antibiotic therapy in days, mean (CI)	2.31 (1.48-3.15)	0.88 (0.45-1.33)	.007
Diagnostic test performed per patient, mean (CI)	2.73 (2.64-2.83)	1.16 (1.04-1.28)	<.001
Duration of contact isolation in days, mean (CI)	1.46 (0.61-2.32)	0.62 (0.08-1.32)	.131
Total treatment cost per patient* (CI)	69.54 (43.36-95.73)	65.97 (46.61-85.34)	.828
Diagnostic test cost ^a (CI)	13.67 (13.08-14.26)	37.15 (32.51-41.79)	<.001
Antibiotic therapy cost ^a (CI)	36.95 (12.70-61.20)	20.64 (5.08-36.20)	.262
Contact isolation cost* (CI)	19.39 (8.07-30.71)	8.19 (1.14-17.52)	.131

Note: CI = 95% confidence interval; EIA = enzyme immunoassay; PCR = polymerase chain reac $^{\rm ACosts}$ are renorted in US dollars.

The rapid reporting of PCR test results was associated with a reduced empiric CDI antibiotic duration of therapy. When combined with fewer diagnostic laboratory tests performed per patient, shorter length of empiric antibiotic therapy, and briefer duration of contact isolation, the higher acquisition cost of the PCR test was offset and resulted in cost neutrality. These findings provide additional data to support the routine use of the PCR test.

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Hosp Pharm 2014;49(7):639-643 2014 © Thomas Land Publishers, Inc.

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What is quality in health care.....NOT?

Doing the same thing over and over again and expecting different results

- Albert Einstein, definition of insanity



The U.S. Healthcare Environment



PROGRAM	FY 2013	FY 2014	FY 2015	FY 2016	FY 2017
lospital Inpatient Quality Reporting rogram* Reduction to annual update)	-2.0%	TBD	TBD	TBD	TBD
lospital Value-Based Purchasing Program Incentive/Penalty)	+/- 1.0%	+/- 1.25%	+/- 1.50%	+/- 1.75	+/- 2.0
teducing Hospital Readmission Program Penalty)	- 1.0%	- 2.0%	- 3.0%	- 3.0%	- 3.0%
reventable Hospital-Acquired Conditions rovision Penalty)			-1.0%	-1.0%	-1.0%
A Single Episode Ma	y Contri	ibute to N	Iultiple P	enalties	

HAI Measures as Part of Quality Reporting

CMS Hospital Inpatient Quality Reporting (IQR) Program

Infection Type	Reporting Begins	Payment Determinations
Central Line Blood Stream Infection	01/01/2011	FY 2014
Catheter-Associated Urinary Tract Infection	01/01/2012	FY 2014
Surgical Site Infection	01/01/2012	FY 2014
MRSA Bacteremia Infection	01/01/2013	FY 2015
Clostridium Difficile Infection	01/01/2013	FY 2015





 Two Areas to Measure When Considering PCR

 Understand current patient pathway and medical interventions around lab results.

 Quantify impact on health system resources.

 Quantify the total cost of diagnosis.



Title: Discontinuation of Contact Precautions for Methicillin-Resistant Staphylococcus aureus (MRSA): A Randomized Controlled Trial Comparing Passive and Active Screening with Culture and Polymerase Chain Reaction

Erica S. Shenoy, MD, PhD, JiYeon Kim, MD, MPH, Eric S. Rosenberg, MD, Jessica A. Cotter, MPH, Hang Lee, PhD, Rochelle P. Walensky, MD, MPH* and David C. Hooper, MD*

 Table 3. Single First PCR Test Performance Compared to Three Sequential CA in Intervention Arm

 Population.
 1 negative Xpert MRSA PCR test = 3 negative cultures

	Sensitivity % (95% CI)	Specificity % (95% CI)	Positive Predictive Value % (95% Cl)	Negative Predictive Value % (95% Cl)
All subjects, series of 3 swabs completed (N=191)	93.9 (85.4 to 97.6)	92.0 (85.9 to 95.6)	86.1 (75.9 to 93.1)	96.6 (91.6 to 99.1)
Gets MRSA-nega	tive patients	out of costly is	olation rooms	

Erica S. Shenoy, MD, Pl Cotter, MPH, Hang Lee, MD*	hD, JiYeon Kim, Mi PhD, Rochelle P.	D, MPH, Eric S. Rosenb Walensky, MD, MPH* a	erg, MD, Jessica A. nd David C. Hooper,
Estimated Effe Day	ct on Unnec ys Avoided a	essary Contact Ind Costs Saved	Precaution
Strategy	Passive cultures	Active surveillance cultures	PCR screening (1 Xpert MRSA)
Discontinuation rates f contact precautions	6.6%	26.2%	63.8%
Fewer contact precaution days	104	418	1841
A ()	COC 050	\$240.472	\$4 E20 400

Group B Strep (GBS) Monetizing

Undetermined pre-natal care Antepartum screening in Labor/Delivery All suspect patients admitted enter in facility without prior GBS result. Currently THH is not able to timely screen these patients. Protocols are to hang "penicillin" IV on both mother and baby until cleared by Physician. Early detection would avoid excessive cost and additional time on the floor increasing IOS by 1-2 days.

Normal Labor/ Delivery 24-36 hour stay Mothers who come in with no GBS screen = 10/month

Cost of increase LOS by 24 hours

At 10 Mom patients/month x at 816.00/day = \$8160/month = \$97,920 savings /year Antibiotic savings? 6 does – IV infused for mom and 1 for baby

Penicillin cost (unknown)



Savings per Year estimated at \$97,920



Rapid Molecular Testing for TB to Guide Respiratory Isolation in the U.S.: A Cost-Benefit Analysis

Alexander J. Millman^{3,5}, David W. Dowdy⁶, Cecily R. Miller⁴, Robert Brownell³, John Z. Metcalfe^{1,2,3}, Adithya Cattamanchi^{1,2,3}, J. Lucian Davis^{1,2,3}, PLOS ONE | www.plosone.org 1 November 2013 | Volume 8 | tssee 11 | e79669

1 November 2013 | Volume 8 | Issue 11 | e79669

Results: Among a hypothetical cohort of 234 individuals undergoing evaluation for presumed active TB annually, 6.4% had culture-positive TB. Compared to smear microscopy, Xpert reduced isolation bed utilization from an average of 2.7 to 1.4 days per patient, leading to a <u>48% reduction in total annual isolation bed usage</u> from 632 to 328 bed-days. Xpert saved an average of \$2,278 (95% uncertainty range \$1582–4570) per admission, or <u>\$533,520 per year</u>, compared with smear microscopy.

Conclusions: Molecular testing for TB could provide substantial savings to hospitals in high-income countries by reducing respiratory isolation usage and overall length of stay.

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Campaign to Prevent Antimicrobial Resistance in Healthcare Settings CDC **Key Prevention Strategies** Prevent infection Diagnose and treat infection effectively • Use antimicrobials wisely Prevent transmission

Clinicians hold the solution!

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CDC Antimicrobial Resistance Recommendations

and, threads assigned to the urgent and serious categories require more monitoring evention activities, whereas the threads in the concerning category require less. Hises of category, thread-specific CDC activities are altimized to meet the epidemiolog infectious agent and to address any gaps in the ability to detect resistance and to availant infections. niology



Although C difficile is not currently significantly resistant to antibiotics used to treat it, it was included in the threat as because of its unique relationship with resistance issues, antibiotic use, and its high morbidity and mortality.



•Xpert CT/NG

·Xpert VAN-A •Xpert MRSA, SSTI and Blood Culture, Pre-surgical •Xpert MTB/RIF

·Xpert GBS





Clostridium difficile (C. difficile) causes life-threatening diarrhea. These infections mostly occur in people who have had both recent medical care and antibiotics. Often, C. difficile infections occur in hospitalized or recently hospitalized patients.

RESISTANCE OF CONCERN

- Although resistance to the antibiotics used to treat *C. difficile* infections is not yet a problem, the bacteria spreads rapidly because it is naturally resistant to many drugs used to breat other infections. In 2000, a stronger strain of the bacteria energed. This strain is resistant to fluoroquinolone antibiotics, which are commonly used to treat other
- This strain has spread throughout North America and Europe, infecting and killing more people wherever it spreads.

PUBLIC HEAITH THREAT

- 250,000 infections per year requi hospitalized patients.
 14,000 deaths per year. iring hospitalization or affecting alm
- At least \$1 billion in excess medical costs per year

- At least 13 bittorin mercers medical costs per year. Deaths metates to La difficion increase (Nov between 2000 and 2007, in part because of a stronger bactrus train that emerged. Almost half af interfacion accurs in people Sunger than 65, but neve than 90% of deaths occurs in people Si and older. Alkont half of Cafficie Infections frech we opphasm in hospitalized or meently hospitalized patients, and half first show symptems in numing home patients or in people recently; caref for inclusion (distac.



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New Epidemic Strain of C. difficile

Name: BI/NAP1/027, toxinotype III

- Historically uncommon (particularly in U.S. strain collections), now epidemic
- Current strain more resistant to fluoroquinolones
- Carries extra toxin known as binary toxin
- Mutations in toxins A and B regulatory gene (tcdC) and increased toxin production in vitro
 Shows increased spore production
- 7/18 Revenues





Does multiple targets mean more information for the physician?

Binary Toxin and Death after *Clostridium difficile* Infection Emerg Infect Dis. 2011 Jun

 Patients with binary toxin had higher case-fatality rates than patients without binary toxin.

Fidaxomicin Non-inferior to Vancomycin for Treatment of C Difficile Infection

- February 3rd issue of the New England Journal of Medicine
- When the drugs were used to treat a first recurrence of *C. difficile* infection, the rate of second recurrence within two weeks was 7.6% with Fidaxomicin versus 27.4% with Vancomycin
- Four week recurrence rates were <u>19.7% and 35.5%</u> for Fidaxomicin and Vancomycin, respectively with <u>non-027 CDI cases</u>.
- In 027 CDI cases performance with Vancomycin and Fidaxomicin were similar

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Rapid Detection of Xpert BC - MRSA & SA
Rapid Detection of MSSA and MRSA from Blood Cultures Using the GeneXpert MRSA/SA Blood Culture Assay Violeta Relasius, Paricia Grajales, P. C. Schreckenberger Department of Parichogis, Cyola University Medica Cateret, Maywood, IL
A total of 210 unique patient blood culture samples were tested. There was 100% agreement with all Staphylococcid species when the conventional cultures and susceptibility methods were compared to the real time PCR method. In all, there were 22 MSSA and 28 MRSA. There were 152 CONS, where the PCR method MSS against and MRSA. Regainse. In addition there were 8 cultures that grew non- Staphylococcal species which tested PCR negative for MRSA.
The superior sensitivity and specificity of this method has been confirmed in two recent reports (1,2). In our study there was a total of 24% clinically relevant samples with Staphylococcus aureus and 72% non- Staphylococcus aureus samples.
Timely diagnosis allowed for targeted antibiotic treatment for 24% of the patient samples, but even more important, 72% of the patients did not require further antimicrobial coverage, increased length of hospital stav, additional blood culture draws or other costly and ineffective treatment plans.
CONCLUSIONS
The GeneXpert® MRSA/MSSA Blood Culture PCR assay provides a rapid and a highly diagnostic tool to detect MSSA and MRSA, which in turn results in

faster diagnosis and targeted antibiotic treatment.

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PCR Can Improve Patient Management and Avoid Unnecessary Antibiotics





Key US publications Impact of Xpert MTB/RIF on Antibiotic Stewardship

Impact of GeneXpert MTB/RIF on Patients and Tuberculosis Programs in a Low-Burden Setting A Hypothetical Trial

 Lucian Davis^{1,2} L. Masaa Kawamura⁹, Lelia H. Chaisson¹, Jenrifer Grinsdale³, Jihane Benhanmou⁴, Christine Ho⁶, Arna Babst⁶, Houmpheng Banuvong², John Z. Metcalle^{1,2}, Mark Pandorf⁸, Philip C. Hopewell^{1,2}, and Additya Cattamanch^{1,2}

Adithya Cattamanchi^{1,2} Am J Respir Crit Care Med Vol 189, Iss 12, pp 1551–

1559, Jun 15, 2014

Conclusions:

 Xpert could greatly reduce the frequency and impact of unnecessary empiric treatment, contact investigation, and housing



Neisseria Gonorrhoeae resistance - Urgent



Rapid CT/NG NAAT testing is now recommended for same-day therapy

A key change in the 2015 Guidelines is the recommendation of alternative treatment regimens for N. gonorrhoeae):

Antimicrobial resistance on the rise, combo-therapy now recommended in US. Medication should be provided on site, on the same day, simultaneously, and under direct observation. If medications are not available when treatment is • indicated, linkage to an STD treatment facility should be provided for same-day treatment (p.62-63)

In addition, should any person who tests positive for chlamydia or gonorrhea, along with women who test positive for trichomonasis, **should be re-screened 3 months after** treatment (p. 7).



where does the cost impact come nom:
 Lab – Budget usually gets the hit
– Reduced labor
– reduce send-outs
 increase potential billing revenue
Infection prevention
- Reduce PPE usage
 Increase efficiencies for nursing staff
 Decrease costs related to HAI
 Present on admission status
 VRE – Oncology, immuno-suppressed
Pharmacy
 Reduction in unnecessary antibiotic
 MRSA vs Staph aureus vs non MSSA/MRSA, Enterovirus, C diff/027, unknown GBS status
 Utilization of most appropriate antibiotics – Pre-surgical, ER
 Reduce LOS from most effective therapy
 Housekeeping - cleaning - curtains
Bed Management – increase revenue
 ER – Patient management – call backs? le Chlamydia/Gonorrhea
Patient satisfaction surveys
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Whore does the cost impact come from?

