DMS 333 Obstetrics I Winter 2021

How to Scan Planes & Structures: the Fetal Face (Outline)

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Objectives

- Explain embryonic development of the face.
- Discuss sonographic approach to obtaining the images of the fetal face.
- Classify cleft lip and palate defects.
- Discuss embryology of the eye and leading orbital and periorbital anomalies.

Embryonic Development: the Face

- pg . 469 from textbook (condensed)
- During the fifth gestational week, the development of the face occurs
 - o begins with neural crest cells
 - o forms the brachial artery.
 - Total of six sets of arches
 - The first appearance is of the swellings called, *frontal nasal prominences*
 - The result of the intermaxillary segment fusing ultimately results in a normal facial structure

The Face

- Orbits and eyes
 - The same plane that measure the BPD should show also present the orbits and eyes
 - To determine gestational age and abnormal spaced orbits, take a measurement between the eyes.
 - Hypotelorism, closely spaced
 - Hypertelorism, widely spaced
 - Compared to the inner orbital distance, outer orbit distance has a greater range of normal variation
 - o Outlines the lens of the fetal eye
 - Ciliaris muscles

- Zonular fibers
- o May image within the fetal globe
 - Hyaloid artery
- Ears
 - o Pinna of the ear
 - Best seen with 3D surface rendering
 - In accordance with a linear growth pattern, the fetal ear length can be useful as a possible biometric measurement
- Lower Face
 - o Nares and upper lip, seen at a coronal scan, and the face
 - can be searched for cleft lip
 - Fetal tongue motion/swallowing can be seen
 - Midline sagittal view = the fetal profile
 - Confirms the shape and position of the fetal nose and chin
 - Color flow doppler
 - Demonstrates normal fetal breathing
 - Because of amniotic fluid motion through the fetal nares
- Minimum Brain and Face Views Obtained During the Sonography CHART
 - o Pg. 477 from textbook

Normal Sonographic Anatomy

The visualization of the fetal face requires multiple approaches from the midsagittal, coronal, and axial planes.

- Sagittal Planes (Profile view)
 - the forehead
 - "frontal bossing"
 - o nose with nasal bone
 - "equal sign"
 - o mouth with maxilla
 - Recognized as a developing bone region in the fetal face
 - o mandible anteriorly
 - An echogenic dot under the anterior maxilla .

• Coronal Planes

- Relationship between the orbits/ eyes and the nasal bridge/ maxilla.
- The retronasal triangle
- o A mandibular gap, seen between the maxilla and the mandible

• Axial Planes

o demonstration of orbits, nasal bridge, the maxilla, and the mandible.

• Three-Dimensional Ultrasound of the Fetal Face

- Good visualization of facial structures
- Can often be transabdominal, but transvaginal provides the best resolution and details
- o Helps evaluates for facial anomalies

Anomalies of the Fetal Head

Understanding the face embryology helps us acknowledge the whole understanding of the origin and normalities of the fetus.

- Embryology of the Eye
 - o optic vessels
 - Hypotelorism
 - Decreased interorbital distance
 - Typically found with other severe anomalies
 - holoprosencephaly
 - Hypertelorism
 - Increased orbital distance
 - Isolation or with another malformation and syndrome.
 - Microphthalmia
 - Decreased orbit size
 - Typically isolated
 - Anophthalmia
 - Absence of the eye
- Embryology of the Lower Face
 - Macroglossia
 - o Micrognathia
- Facial Clefts
 - o Cleft Lip
 - o Cleft Palate

Resources:

• Ultrasound Evaluation Of The Fetal Face And Neck

UFO Themes - https://radiologykey.com/ultrasound-evaluation-of-the-fetal-face-and-neck/

- Nicolaides, Ximenes & Jeanty. "FACE." *FACE DIAGNOSIS OF CONGENITAL ABNORMALITIES THE 18-23 WEEKS SCAN*, Pilu, 2000, sonoworld.com/client/fetus/html/chapter-03/face/facefmf.html.
- Şorop-Florea, Maria, et al. "Congenital Abnormalities of the Fetal Face." *IntechOpen*, IntechOpen, 2 May 2018, www.intechopen.com/books/congenital-anomalies-from-the-embryo-to-the-neonate/congenital-abnormalities-of-the-fetal-face.
- Barnes, Sam. "Development of the Face and Palate." *TeachMeAnatomy*, TeachMe Series, 17 Sept. 2020, teachmeanatomy.info/the-basics/embryology/head-neck/face-palate/.
- Stephenson, Susan Raatz, and Julia Dmitrieva. *Diagnostic Medical Sonography*. 4th ed., Wolters Kluwer Health, 2018.