

# APPENDIX A

---

## Helpful Books, Internet Sites and Software

The exam preparation books from Learning Express ([www.learnatest.com](http://www.learnatest.com)) are helpful for practicing test samples, especially *1001 Math Problems*, *1001 Vocabulary and Spelling Questions*, *501 Challenging Logic and Reasoning Problems*, and *501 Word Analogy Questions*.

In addition, other publishers, including Kaplan, Educational Testing Service, College Board, Cliff's Notes (a division of John Wiley & Sons), and Sparknotes, offer books to help prepare for graduate school entrance exams, civil service and career exams, and high school equivalency exams. Many have sample problems, with answers, that can be used for practice in taking standardized tests. Browse through them at your local bookstore.

For tips to help you study most productively, see *Study Smarts* by Judi Kesselman-Turkel and Franklynn Peterson (2nd edition, University of Wisconsin Press, 2004).

For a current list of SAT and ACT preparation software, select Software and Search at the SuperKids site ([www.superkids.com](http://www.superkids.com)) and search for SAT. Educational Testing Service provides free and inexpensive downloadable practice software for their GRE, GMAT, and TOEFL exams at [www.gre.org/pracmats.html](http://www.gre.org/pracmats.html) and other linked sites. For intensive computerized math tutorials, see MathAid at [www.mathaid.com](http://www.mathaid.com).

There are many inexpensive programs that make flash cards for studying at the computer or printing out. Here are two:

*FlashCard Pro*: \$9.95, for Windows (MicroACE Software, Atlanta, GA). A demonstration copy can be downloaded at [www.memorize.com](http://www.memorize.com).

*Flashcard Wizard*: free shareware but donations are accepted. For Macintosh and PowerPC Macintosh. Can be downloaded from the Fool's Workshop at [www.foolsworkshop.com](http://www.foolsworkshop.com).

There are also many inexpensive good speed-reading and touch-typing programs for sale. Check the listings at the website [www.simplythebest.net/shareware/educational](http://www.simplythebest.net/shareware/educational).

To find books and software that can help you study particular subjects, use your favorite search engine (ours is Google) and search for "educational + study + test + math (or chemistry or whatever other subject you need help with) + software" (or + book) and check out the first 50 hits.

## TECHNICAL PAPERS FOR PARENTS AND TEACHERS

To learn more about the theories and research studies that helped provide the background for this book, we recommend the following:

Foster, Sharon K., Allene Paulk, and Barbara Riederer Dastoor, "Can We Really Teach Test-Taking Skills?" *New Horizons in Adult Education* 13, no. 1 (fall 1999).

Krasner, Steve, "Test Anxiety and Test Taking 1990-1999" (Connecticut State Department of Education, [www.ctserc.org](http://www.ctserc.org)). This excellent comprehensive bibliography can be viewed online at <http://www.ctserc.org/library/actualbibs/TestAnxiety.PDF>.

Plake, B. S., and S. L. Wise, "Analysis of Guessing Behavior on Multiple-Choice Examinations: Between Group vs. within Group Designs," *Bulletin of the Psychonomic Society* 24 (1986): 251-53.

Taylor, C., and K. R. White, "Effects of Reinforcement and Training on Title I Students: Group Standardized Test Performance." Paper presented at the Annual Meeting of the American Educational Research Association, Los Angeles, CA, April 1981 (ED 206 655).

Wise, S. L., L. L. Barnes, A. L. Harvey, and B. S. Plake, "Effects of Computer Anxiety and Computer Experience on the Computer-Based Achievement Test Performance of College Students," *Applied Measurement in Education* 3 (1989): 235-42.