## 1 Fetal Urinary System

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#### 2 Fetal Kidneys

- Sonographically visible by 14 weeks
  - Lateral to spine, caudal to abdominal circumferece plane.
  - Superior to cord insertion plane
- Hypoechoic area delineated by hyperechoic bright border
- Measurements when taken:
  - Sagittal-length
  - Transverse- AP diameter

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#### 3 Bladder

- Can be seen in both transverse and longitudinal sections by 12 weeks
- Empties every 30-45 minutes
- Umbilical arteries run lateral

#### 4 Renal Agenesis

- Absent kidneys, renal arteries, ureters
- Adrenal glands present
- Anhydramnios
  - Empty bladder with bilateral agenesis

#### 5 Renal Dysplasia

- Enlarged kidneys that contain cysts
- Typically bilateral
- Distinguish:
  - Laterality
  - Cyst number/size
  - Appearance of renal cortex
  - Bladder size
  - Amniotic fluid volume

## 6 Infantile Polycystic Kidney Disease

- Bilateral involvement
- Autosomal recessive-prenatal testing available
- Cysts range from microscopic to several millimeters causing HYPERECHOIC
- Often have oligohydramnios, but if some renal function is present, fluid may just be low.

#### 7 Multicystic Dysplastic Kidney Disease

- Multiple thoughts of occurence
  - $\circ$  Consequence of early obstruction to the ureter or bladder
  - Failure in the development of the nephrons
  - Bilateral or unilateral or segmental

- · When unilateral can be accompanies by agenesis of the contralateral kidney
- Non-communicating cysts of varying size
- Large cystic kidneys, that don't communicate

## 8 Renal Cysts

- Unilateral
- Cysts, rare and harmless

## 9 Meckel-Gruber Syndrome

- Renal dysplasia, Encephalocele, Polydactly
- Enlarged kidneys, often with oligohydramnios as they don't function properly.

# 10 Renal Pelvic Dilation

- Second trimester
  - 5mm AP diameter
- Third trimester
  - 10 mm AP diameter
- Typically resolves prenatally-often followed up postnatally

## 11 Hydronephrosis

- Dilatation of the renal pelvis
- Most common fetal anomaly
- Sonographic appearance:
  - ${\scriptstyle \circ}$  Varies according to severity
  - · Dilated renal pelvis, communicates with calyces

#### 12 Ureteropelvic Junction Obstruction

- Most common cause of neonatal hydronephrosis
- Sonographic findings:
  - Dilated renal pelvis with/out caliectasis
  - Normal ureter and bladder size
  - Chronic may present with thinned cortex
  - Typically normal AFV
- Typically monitor with serial sonograms
  - Will scan after birth

# 13 Ureterovesical Junction Obstruction

- Commonly from aperistaltic distal ureteral segment
- Evaluate for other urinary tract anomalies
- Sonographic findings:
  - Dilatation of renal pelvis AND ureter
  - Ureter often tortuous
- Follow back to renal pelvis

#### 14 Congenital Malformations

• Renal Agenesis

- Complete absence of the kidneys
- Horseshoe Kidney
  - Inferior poles of the kidney fuse while they are still located in the pelvis
- Renal Ectopia
  - Kidneys located outside the normal renal fossa
  - ${\scriptstyle \circ}$  Often found in the pelvis

## 15 Obstructive Uropathy

- Dilatation of some or all of the urinary tract due to obstruction.
- Ultrasound appearances depends on the site and severity of obstruction

# 16 Urethral Obstruction

- Posterior urethral valves
  - Folds of mucosa at bladder neck-one way valve
  - Exclusively in males
- Uretrhal atresia
- Kidneys will be present-bladder very distended, oligohydramnios often present

# 17 Bladder Exstrophy

- Failure of muscle development of anterior abd wall
- Typically isolated defect
- Sonographic findings:
  - Inability to identify bladder in normal position
  - Abd wall mass
  - Umbilicus inferiorly displaced
- Distinguish from omphalocele or gastroschisis by evaluating cord insertion and content within the abd. mass

# 18 Potters Syndrome

- Lack of amniotic fluid and renal failure
  - $\circ$  Renal disease can be from a multitude of pathologies
- Prognosis depends on severity
  - $\circ$  Pulmonary hypoplasia may develop
  - $\circ$  Renal failure also has to be dealt with after birth

# 19 Prune belly Syndrome

- Occurs almost always in males
- Thin or lax anterior abdominal wall
- Tortuous, dilated urethra
- Varying amounts of hydronephrosis and renal dysplasia
- Amniotic fluid may be normal or even decreased
- Males always have cryptorchidism

# 20 Conclusion

1 Renal dysplasia

- 2 Renal agenesis
  - Infantile Polycystic Kidney Disease
  - Multicystic Kidney Disease
  - Renal Cysts
  - Pelviectasis or Hydronephrosis
  - Meckel-Gruber Syndrome
  - Potters Syndrome
  - Congenital Malformations
- 3 Bladder and Ureter Problems
- 4 Bladder Extrophy
  - Posterior Urethral Valves
  - Hydroureter
  - Prune Belly Syndrome
  - Obstructive uropathies